

OBS1063

## Basic Safety Training - Refresher Course (English)

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<b>Duration</b>	2 days
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<b>Target group</b>	Offshore personnel who have to repeat the Basic Safety and Emergency preparedness training.
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<b>Prerequisites</b>	Valid Norwegian Oil & Gas (NOROG) Basic Safety and Emergency preparedness training course or equal training according to the Recommended guidelines for safety and emergency preparedness training 002.
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<b>Objective</b>	<p>Update the course participants knowledge and ability to protect his/her safety in an emergency situation and promote safe behaviour. After completing the course, the participants should have maintained and updated knowledge and skills relating to:</p> <ul style="list-style-type: none"><li>-Correct safety behaviour</li><li>-Use of a hand-held fire extinguisher</li><li>-Lifesaving first aid</li><li>-Use of escape chute</li><li>-Correct use of survival suit with emergency breathing system</li><li>-Helicopter evacuation (HUET)</li></ul>
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<b>Contents</b>	<p>Introduction Fire protection Sea survival First aid Helicopter evacuation.</p> <p>The course mainly consists of practical training and drills.</p> <p>HSE culture/behaviour training will be integrated in the entire course.</p>
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<b>Exam</b>	None
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