

STCW medical first aid retraining

Duration	1/2 day course + 1h e-learning
Target group	Requirements for seafarers providing medical first aid on board.
Prerequisites	Course participants must have completed a basic course in medical first aid according to Table A-VI/4-1 prior to participating in this course.
Objective	After the course, participants should be able to demonstrate competence as outlined in STCW Code Table A-VI/4-1. Participants should be able to provide immediate first aid in the event of an accident or illness on board.
Contents	<p>The course contains theoretical preparatory work on e-learning, which must be completed before attending the course centre.</p> <p>The course will go through:</p> <ul style="list-style-type: none"> - Recovery position - CPR (Cardiopulmonary Resuscitation) - Circulatory injuries - Burns - Transport/immobilization - Bandaging - Use of the contents of a medical kit - Transportation of hazardous materials - Poisonings - Recognizing symptoms and clinical effects - Resuscitator - Making detailed observations of the patient - Spinal injuries - Symptoms, treatment - Burns, scalds, effects of heat and cold, and electrical injuries - Treatment of burns, scalds, effects of heat and cold, and electrical injuries - Closed fractures, sprains, and muscle injuries - Treatment of fractures, sprains, and muscle injuries - Medical advice over the radio - Pharmacology - Cardiac arrest, drowning, and choking
Exam	<p>Written examination.</p> <p>Passed exam is valid for 60 months.</p>