

## LFA108

## **FSE First Aid Training**

**Duration** 3 hours

**Target group** Electricians and others working on and around electrical installations.

Complete FSE course, consists of 2 parts:

1. Laws and regulations 2. First Aid (this course)

**Prerequisites** None, but should be repeated every year.

Objective

Enable participants to work safely on electrical installations. The course meet the regulations on safety in work and maintenance of electrical instalattions (FSE) \$7. First Aid Preparedness: Life-saving first aid including

electrical injuries.

**Contents** Self-safety and alert

Examination of the pasient

Measures CPR

Special training in first aid for Electric current accidents:

Cardiac arrest

Burns

Electrical current flow-through

High impact injury

Bleeding

**Exam** None. Completed course is valid for 12 months.