

## Basic Safety training refresher for helicopter crew incl. the use of HABD

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| <b>Duration</b> | 2 days |
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| <b>Target group</b> | Civil crew/SAR-service who needs to stay offshore while in service. |
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| <b>Prerequisites</b> | Basic Safety Training according to Norwegian Oil and Gas no older than 4 years, and training according to JAR-OPS 3/EASA no older than 3 years. |
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| <b>Objective</b> | <p>(JAR-OPS3/EASA)<br/>Delegates should build competence and knowledge about preparations for emergency landings on water, as well as the ability to evacuate efficiently and independently from a helicopter both above and below water.</p> <p>Delegates should be able to:</p> <ul style="list-style-type: none"><li>-Evacuate a submerged helicopter both with and without the use of HABD</li><li>-Lead an evacuation of passengers and crew to a raft from a ditched helicopter</li><li>-Prepare and perform lifesaving first aid, as well as fight/put out small fires onboard the helicopter.</li></ul> <p>(NOROG)</p> <ul style="list-style-type: none"><li>-Evacuate a helicopter independently with the use of a re-breathing system (pax)</li><li>-Perform lifesaving first aid, put out small fires and master sea survival in rough seas as well as different means of evacuation according to NOROG's curriculum.</li></ul> |
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| <b>Contents</b> | <p>Theory:</p> <ul style="list-style-type: none"><li>- Preparations for crew and passengers before an emergency landing</li><li>- Procedures for evacuation</li><li>- Emergency equipment and systems in the helicopter</li><li>-Sea survival and means of evacuation.</li></ul> <p>Practical:</p> <ul style="list-style-type: none"><li>-Organising evacuation from helicopter into life raft</li><li>-Underwater evacuation from helicopter simulator with re-breather system</li><li>-Water accustomisation in shallow waters, with and without the use of HABD</li><li>-Underwater evacuation from helicopter simulator with and without the use of HABD</li><li>-Lifesaving first aid with CPR</li><li>-Fire fighting with handheld extinguisher and small fire hose</li><li>-Staying at sea in survival suits</li><li>-Use of emergency equipment.</li></ul> |
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| <b>Exam</b> | A written test is completed before the practical training with HABD begins. Upon completion of the course, delegates are given a certificate according to JA OPS 3/EASA and NOROG. Delegates have to participate in all exercises to pass the course. |
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Passed exam is valid for 48 months.