

FAR109

Observation techniques - falling objects

Duration 1 day (7 hours)

Leaders and key personnel responsible for planning and performance of maintenance, lifting operations, and work at heights. **Target group**

Safety delegates HSE personnel

Prerequisites General technical knowledge

Objective The course shall

Motivate for use of HSE Inspection as a visible and efficient tool within HSE

Management

Strengthen the understanding of risk, and correct perception of potential hazards in connection with falling objects/unsecured equipment at heights Provide know-how on techniques and best practices regarding barriers,

mounting, and securing of tools and equipment Provide an introduction to HSE observation techniques

Upon the completed course, the participants shall be able to identify risks and potential hazards related to work at heights and falling objects, and be able to identify preventive and corrective measures for avoiding such

conditions.

Contents Risk evaluation. What can go wrong?

Causal analysis. Why do accidents occur? Observation techniques

Securing of personnel, equipment, and tools for work at heights. Principles

and methods.

Demonstration of equipment for reliable securing.

Falling objects. What damage may they cause? Practical tests.

Exam None