

## HLO/FRC/Fire response team combined - refresher w/ e-learning

<b>Duration</b>	3 days + 4.5 hours e-learning
<b>Target group</b>	<p>Persons who are members of, or have tasks related to, search and rescue team, HLO and FRC.</p> <p>The course meets the demands set by Offshore Norway for the re-training and maintenance of basic skills.</p>
<b>Prerequisites</b>	<p>Search and Rescue team basic course, HLO basic course and FRC basic course.</p> <p>Personnel filling the position as smoke divers on search and rescue teams must submit a valid medical certificate and proof of passed physical tests (fitness test and test of strength) before they can attend the course, as per the guidelines from Offshore Norway.</p>
<b>Objective</b>	The course aims to develop and maintain the delegates' knowledge, skills and attitude towards their roles in the emergency response teams.
<b>Contents</b>	<p>1 day will be completed through e-learning, the other Three days at the course location you are booked on.</p> <p>The course is mainly centered around practical exercises where brief and debrief are central components.</p> <p>During the course, the following topics are covered:</p> <ul style="list-style-type: none"><li>- Tactical team work.</li><li>- Smoke diving.</li><li>- Firefighting techniques.</li><li>- Weather reports, communication and routines.</li><li>- Dangerous goods.</li><li>- Airplane fuel</li><li>- Emergency situations and normal operations on the helideck</li><li>- Protective gear.</li><li>- Launching and hoisting the FRC.</li><li>- Maneuvering and search patterns with FRC in daylight.</li><li>- Picking up injured personnel from the sea.</li><li>- Use of compass and calculation of distance sailed.</li><li>- Parts of the course will be held in English.</li></ul> <p>This module includes a driving in the dark module.</p>
<b>Exam</b>	<p>Written exam in Awareness Training, Dangerous Goods.</p> <p>Upon completion of the course, delegates will receive one certificate for each part of the course.</p>